



Menu

Tea with Aloe

Hot or Cold

12 oz

~25-85 mg caffeine
~5 calories

TEA FLAVORS

Raspberry Lemon Peach
Original Chai NRG
Pomegranate Cinnamon

(boosts metabolism & keeps you alert)

Protein Coffee

(a blend of real coffee & whey protein w/ low sugar)

Hot or Cold
32 oz

~30g Protein
~160 mg caffeine
~200 calories

COFFEE FLAVORS

House Blend
Caramel Macchiato
Mocha

Meal Replacement Shake

20 oz

24g protein
~250 calories

Power Tea

32 oz

~115-200 mg caffeine
~30 calories

Energizing Tea

(boosts your metabolism, burns calories, keeps you alert)

NRG-Natures Raw Guarana Tea

(for mental alertness & clarity)

Aloe

(aids in digestion and nutrient absorption)

Liftoff Energy Boost

(vitamin C, B1, B2, B3, B5, B6, B7, B12 & potassium)

Power Teas

115 or 200 mg Caffeine

Lollipop

Orange-Rainbow-Blue Raspberry

Strawberry Lavender

Lemonade

Lemon Lime-Lavender-Strawberry

Pineapple Bomber

Tropical-Passion Fruit-Pineapple

Lime in the Coconut

Lemon Lime-Coconut-Pineapple

Smurf

Lemon Lime-Blue Blast-Blue Rasp

The FLX Raider

Pomegranate-Cherry-Blue Blast

Sweet Tart

Lemon Lime-Rainbow-Blue Blast

Chasing Fireflies

Lemon Lime-Blue Blast-Watermelon

Peach Bellini

Tropical-Peach-White Grape

Grape Jolly Rancher

Pomegranate-Rainbow-Grape

Bills Mafia

Pomegranate-Strawberry-Blue Blast

Cherry Lifesaver

Pomegranate-Cherry-White Grape

Blackberry Sangria

Pomegranate-Blackberry-White Grape

Cranberry Sangria

Pomegranate-Cranberry-White Grape

Prickly Dragon

Lemon Lime-Prickly Pear-Dragon Fruit

Crush

Orange-Orange-Orange Pineapple

Cucumber Seed

Lemon Lime-Cucumber-Watermelon

Lakeside Limeade

Lemon Lime-Limeade-Cherry

Starburst

Tropical-Strawberry-Orange

Hawaiian Punch

Tropical-Pineapple-Passion Fruit

Paradise Punch

Orange-Melon-Blue Rasp.-Watermelon

Raspberry Kisses

Lemon Lime-Rasp-White Grape

Frost Berry

Pomegranate-Blueberry-Blue Blast

Peach Ring

Tropical-Peach-Cherry

Beach Bum

Orange-Coconut-Pineapple-Cherry

Spicy Mango Margarita

Tropical-Margarita-Spicy Mango

Watermelon Blowpop

Pomegranate-Tropical-Watermelon

Gummy Bear

Pomegranate-Orange-Blue Blast

California Sunrise

Pomegranate-Strawberry-Orange

Love Potion #9

Pomegranate-Passion-Dragon Fruit

Prickly Pear

Tropical-Prickly Pear-Raspberry

Bahama Breeze

Tropical-Pina Colada-Orange

Candy Apple

Pomegranate-Cherry-Green Apple

Strawberry Acai Punch

Lemon Lime-Strawberry-Acai

Dragonrita

Lemon Lime-Margarita-Dragon Fruit

Cotton Candy

Pomegranate-Cotton Candy-Blue Rasp

*** Please let us know if you have allergies ***

Meal Replacement Protein Shakes

FRUITY

APPLE CRISP

BANANA SPLIT

BANANA CARAMEL PIE

BANANAS FOSTER

BLUEBERRY LEMON POUND CAKE

BLUEBERRY CHEESECAKE

CARAMEL APPLE

COCONUT CREAM PIE

LEMON POPPYSEED POUND CAKE

ORANGE CREAMSICLE

STRAWBERRY BANANA

WILD BERRY

MINT

MINT OREO

THIN MINT

SHAMROCK SHAKE

MINT CHIP ICE CREAM

DESSERT

ALMOND JOY

BROOKIE COOKIE

BROWNIE BATTER

BANANA CARAMEL PIE

BIRTHDAY CAKE

BUTTER BEER

CHOCOLATE CHIP COOKIE

CHOC COVERED STRAWBERRY

CHOC CHIP COOKIE DOUGH

COOKIES & CREAM

GERMAN CHOCOLATE CAKE

KIT KAT

MILKY WAY

MISSISSIPPI MUD PIE

NO BAKE COOKIE

OATMEAL CRAISIN COOKIE

PISTACHIO

RASPBERRY CHEESECAKE BROWNIE

S'MORES

SNICKERDOODLE

SALTED CARAMEL

STRAWBERRY CHEESECAKE

TURTLE CHEESECAKE

TWIX

WHITE CHOCOLATE RASPBERRY

WHITE CHOC TOASTED COCONUT

PEANUT BUTTER

BUTTERFINGER

CHUNKY MONKEY

NUTTER BUTTER

PB & FLUFF

PB CHEESECAKE

PB BLONDIE

PB COOKIE

PB OREO

REESES PB CUP

SNICKERS

THE ELVIS

WHITE CHOC REESES



BREAKFAST

ALMOND BISCOTTI

BANANA NUT BREAD

BLUEBERRY MUFFIN

CAP'N CRUNCH BERRY

CARAMEL NUT FRENCH TOAST

CINNAMON BLUEBERRY PANCAKE

CINNAMON BUN

CINNAMON TOAST CRUNCH

FRENCH TOAST

COFFEE

CARAMEL LATTE

COFFEE CAKE

COFFEE OREO

MOCHA LATTE

TIRAMISU